

Garden Jane is returning to Niagara this fall with a new series!



## Fostering Lifetime Gardeners and Naturalists Workshop Series

How can we foster children to become lifetime gardeners and naturalists? We know we want to help children connect to nature, and gardening with kids would be great, but let's get real with where we are and what we can do to achieve these lofty goals!

**Join us for this exciting workshop series to explore:**

- How to further integrate and leverage any gardening that you already do and/or have learned about;
- Working through blocks or issues\* that limit food gardening and or nature-based programming that you'd like to do - or do better - where you work or in your career (\*institutional, professional or even personal).
- Hands-on activities that work for getting started or for growing a stronger food garden program
- Design elements and activities that work in small spaces
- Planning and scaffolding - from today's practices to the big goals

### About Jane Hayes

Jane is a gardener, educator, and community developer with twenty-four years of experience. She founded Garden Jane in 2007 to help people learn how to grow and connect to healthy food, gardens, and each other. Jane has worked directly with thousands of people since then. She invites people in with storytelling, art and play, and shares what science, research, and pattern-based observation have to offer. Her current work includes working with garden communities of all ages, teaching permaculture design, and helping grow healthy food communities in Southern Ontario. Jane has a B.A. in Anthropology and Environmental Studies (U of T), a Masters in Environmental Studies (York U) and certificates in Permaculture Design and Teaching Permaculture.



## Garden Eating, Food and Harvesting

- Working with garden or farm produce to share experiences of harvest time
- Harvesting with kids - which plant parts to eat, tastes to try, playing with food
- Ways to engage kids with every bite - How to make Wild Bites salads, Leaf Burritos + why kids love them
- Menu planning from from the garden
- Making pickles with toddlers and pre-schoolers
- Developing taste buds and a connection to a variety of healthy foods - at any age!
- Helping kids be safe in a partially edible garden setting (what they can eat and what they can't)

**Tuesday November 5, 2019** • 6:00 to 8:30pm • Ball's Falls Conservation Area, 3292 Sixth Avenue, Jordan

## Garden Soils, Critters and Ecology

- Insects, Bees, Birds, Bats - roles they play in the garden
- Learn about the soil food web and how to help children connect to it
- Working with worms and other garden life (getting past the ick factor at any age!)
- Activities and activity stations for toddlers and pre-schoolers
- Compost tea, seed balls, worm composting, and more

**Thursday April 16, 2020** • 6:00 to 8:30pm • Ball's Falls Conservation Area, 3292 Sixth Avenue, Jordan

## Garden Planning, Programming and Play

Join us in a hands-on design workshop, where you can learn about and plan for including young children in food garden design and growing food

- Clarify your goals and vision
- Explore how to engage children and adults in a long-term sustainable garden program
- Start designing or enhancing garden play / work stations and elements or activity plans
- Talk through social, resource and site challenges
- Discuss designing for ease of use by staff, child safety, aesthetics, high play value, garden productivity, ecosystem health, variety and diversity, and other goals
- Discuss costs and recommended supplies

**Thursday May 14, 2020** • 6:00 to 8:30pm • Ball's Falls Conservation Area, 3292 Sixth Avenue, Jordan

**Register** by contacting the ECCDC at [eccdc@eccdc.org](mailto:eccdc@eccdc.org), 905.646.7311 ext. 304 or [www.eccdc.org](http://www.eccdc.org)